

# Projective techniques like Rorschach reveal our personality



Rorschach Inkblot Test is the most used projective technique. Yet, it is not clear, what the Rorschach Test actually measures. Like other projective techniques (TAT, Draw-A-Person Test, Sentence Completion Test and many others), it is based on a very questionable assumption that the respondents' interpretations of the projective material are, in fact, "projections" of their own personality characteristics. As a projective technique, Rorschach Test is not a psychological test with relevant metric characteristics (objectivity, validity, reliability). It is a collection of subjective impressions of respondents, which are open to subjective interpretations of psychologists. Yet, these interpretations are based on the assumptions and rules that have never been scientifically corroborated.

On the contrary, the scientific evidence demonstrated the complete lack of the reliability and hence the validity of projective techniques. They cannot be used as the measures of anything. They are useful only to gain hints for information that can be useful in the process of psychological or psychiatric diagnosis. They can never be used as a decisive diagnostic instrument.